

**John Tefertiller Health Update - NEWS BRIEF -11 July 2010**

This will be brief.

I returned home from Stanford Hospital Thursday afternoon-- There are aspects of this recovery that appear to be going quickly and well. Some other things are turning out to be quite difficult. Abdominal soreness is receding nicely, but energy is not returning very well at all. I have practically been living on Ensure nutritional drinks, as the energy required to open a can of soup, etc., is lacking. Exacerbating the situation is the continued neuropathy (numbness) of my hands and feet-- which may even have been negatively affected by pain killer drugs administered during my week long hospital stay.

Pray for these things as the Lord puts my circumstances in your spiritual view. Every prayer on my behalf is a great treasure.

More later.

John T.